

Volunteering can help you

Learn new skills

Meet new people and make friends

Get experiences which may help you get a job

Come to a free workshop to find out more.



Tues 20th January, 10-12pm

1A Arts Centre

1A Roseberry Avenue, EC1R 4SR

For more information, or to sign up, please contact

Shadin: **020 7424 9990** shadin@volunteercentrecamden.org.uk

Hanif: **020 7405 2370 Ext 3** hanif.ahmed@holborncommunity.co.uk



Volunteer Centre
Camden



Holborn
Community
Association

1A
ARTS

By volunteering you can make a difference

- ✓ **With your help we can start following services immediately:**
 - A drop in session for older (50+) Bangladeshi people
 - Men's or Women's separate exercise sessions
 - Women's IT (beginners) class

- ✓ You can help us by volunteering just two hours per week.
- ✓ We can work with any level of skill.
- ✓ We offer training opportunities.
- ✓ Your experiences with us may help you get a job

- ❖ **Without your help there will be very little services available to local Bangladeshis.**

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